Looking Forward – Glancing Back

Kent J. Blumenthal, Ph.D., CAE
CEO, Green Valley Recreation, Inc.

Whew! I’m glad I trained and ran my first marathon this past January, because I sure needed to be in great shape to meet all the opportunities and challenges encountered during my first year as CEO of Green Valley Recreation, Inc. This last issue of the year for Keeping Current provides an opportunity for introspection, something some of us naturally do this time of year as we contemplate the meaning of traditions we have in common – light, peace, freedom, and love. Looking back serves two purposes – taking stock of the past year and where we stand as a corporation focused on member services, and setting the stage to discover new opportunities for success that await GVR as a community.

Let’s start with the most important elements – YOU – the membership of Green Valley Recreation. Over the past year I learned that the vast majority of GVR members are kind, considerate, gracious, and welcoming. Members serving in volunteer leadership positions are selfless, hardworking, and have the best interests of GVR at heart. I have also observed that trust does not come naturally or easily for everyone, and for some people change is difficult. As a Certified Association Executive (CAE), I believe that the best run organizations adhere to best practices, such as:
- staying informed of member needs;
- providing ongoing communications and transparency;
- being fiscally responsible;
- ensuring adequate reserve funds;
- data and fact-filled decision-making;
- calculated risk-taking to achieve a great good;
- offering mutual respect and patience.

Department Heads Deliver Years of Experience at GVR!

Jim Conroy, Director of Recreation and Leisure Services

GVR is pleased to introduce Jim Conroy as Director of GVR’s Recreation & Leisure Services Department. Jim most recently was the Parks and Recreation East District Administrator for the City of Tucson, and started at GVR on Monday, October 27.

Jim has extensive experience in the Parks, Recreation, and Leisure Service profession, and brings significant skills and knowledge to the Department Director position and GVR’s leadership team. He has considerable proficiency working with numerous community groups including parks and recreation organizations, neighborhood associations, special interest groups, boards and commissions, and the public.

He often facilitated discussions with stakeholder groups and developed partnerships and collaborations with public and private sector organizations. Hallmarks of Jim’s career are a commitment to customer service, leadership and management skills.

He has managed a diverse span of recreation programs and has a wide-range of experiences with capital construction projects, seniors programming, Senior Olympics, special events, aquatics, adult sport leagues, leisure class curriculum, and natural resource groups, as well as supervised capital projects, including facility development from planning and design of the facility to advisory/user groups through construction and the opening and operation of the facilities.

Please join us in welcoming Jim Conroy to GVR as our new Director of Recreation & Leisure Services!

Cheryl Moose, Controller

Cheryl Moose is originally from Washington State and moved to the Tucson area in 2010 along with her husband Bob, dogs Jake and Xena and Cody cat. She has over 20 years of experience in non-profit and government accounting and is a dually licensed CPA in Washington and Arizona. She began working as the Controller for GVR in July of 2014.

Guy Sundvik, Facilities Director

Guy Sundvik joined the GVR Team in September 2010. He serves as the Facilities Director, managing the operations of facilities, fleet and custodial maintenance, landscaping, pools & spas, as well as facilities administration. Guy has a diverse background working in the private sector, local government, and as a small business owner.

He has an extensive background in Fleet Management, and has been managing Facilities Maintenance as well as various areas of Public Works for many years. In addition to his professional civilian career, Guy retired as a member of the US Coast Guard, spending time on active duty and in the reserves.

Randy Cheatham, Information Technology Director

Randy Cheatham came to GVR from Arizona Electric Power Coop in November 2012 as the IT Systems Administrator and assumed the IT Director position in May 2014. Randy studied Computer Science at Pima College and is a Microsoft, Cisco and CompTIA certified IT Professional.

2015 Membership Dues

GVR mailed the annual dues invoices to member households in November. Established by the Board of Directors on September 23, dues for 2015 will be $450.

Payment is due on January 1, 2015, and members may pay their dues any time before that. Checks or money orders should be paid to the order of GVR. No foreign checks will be accepted (including non-nadian.) Please mail these to PO Box 1126, Green Valley, AZ 85622, and include the top portion of your invoice.

Don’t forget to write your email address on your invoice so that we may add you to GVR’s eBlaster list. By doing so, you will acknowledge that GVR may send you periodic news and information, keeping you up-to-date on all the latest at GVR! GVR will not share, rent or sell your email address with any other entity.

If you have any questions or need assistance paying your dues by credit card (MasterCard or Visa and not American Express or Discover card) at any open GVR Social Center or at the Member Services Center (MSC). There is a $10 service fee on credit card transactions. GVR no longer accepts debit cards. Of course, cash also will be accepted at centers and MSC – please do not mail cash. Unfortunately, you may not pay your dues on-line or via the GVR website at this time.

Persons interested in paying their dues on a monthly basis must complete the 2015 Dues Payment Plan form which is available at any open social center, at MSC or on the website www.gvrec.org. The website form must be printed out and returned to MSC in person or by mail. (It cannot be completed on-line.) Payment plan forms must arrive at MSC by January 1, 2015. There is a set-up charge of $25, plus a $2 per month convenience fee to participate in the payment plan. Members experiencing financial hardship or requiring financial assistance paying their dues this year may apply for the Member Assistance Program (MAP). MAP application forms are available on the GVR website www.gvrec.org or at MSC. They must be completed and returned to MSC no later than December 15, 2014.

2015 Member Assistance Program

The GVR Member Assistance Program needs your support.

The GVR Member Assistance Program (MAP) helps GVR members who are financially unable to pay all of some of their dues. You can help your friends and neighbors by adding an extra $15 (or more) to your annual dues payment.

The MAP program began in 1994 when GVR realized some members were under financial stress and unable to pay their dues. It allows members to keep their accounts in good standing and prevents liens and additional fees to be placed on their properties.

The MAP program gives members the opportunity to get back on their feet after dealing with a temporary or long term financial hardship, and allows them to continue participating at GVR facilities and activities.

Please consider giving $15 (or more) for a friend! Donations can be made with your dues payment or at any open major social center. You also may call 520-625-3440 x7208 and make a donation using your credit card (debit cards no longer are accepted at GVR.). A donation in any amount is greatly appreciated!
New Member Orientation December 11

If you are a returning snowbird or a first time tenant at GVR, you should consider attending this month’s New Member Orientation scheduled for Thursday, December 11, at 9:00 am in the West Social Center Room 2. You need not be a newcomer to GVR to benefit from this presentation. There’s a lot going on, and you don’t want to miss out on anything! Please register in advance by calling 625-3440 x7208 or at any GVR center with a coordinator’s office. Reference CR #30202.

MEMBER CODE OF CONDUCT

All users of GVR facilities are required to comply with published rules and regulations. All users are expected to show common courtesy to employees, directors, volunteers, and other members and guests. All users shall refrain from using offensive language and behavior; such actions shall not be tolerated. Members are responsible for the conduct of their guests. Any violation of the above Code of Conduct may result in a member having his or her rights and privileges suspended.

Keeping Current

Keeping Current is owned by Green Valley Recreation, Inc. Keeping Current is published by Green Valley Recreation, Inc., by the Green Valley News & Sun and is inserted into the 4th Wednesday of the month’s issue of the newspaper. Contact Green Valley Recreation at (520) 625-3440. For advertising information or questions about deadlines, please call the Green Valley News at 625-5511 or fax at 625-8046. The Green Valley News & Sun does not produce and is not responsible for the content of Keeping Current. The deadline for all news items is the Friday of each month. News items and articles will be published as space permits. GVR does not endorse any of the products or services advertised in this newsletter.

Looking Forward

Continued from page 1

tiency between members, vol-
unteer leaders, and staff;• empowering elected volunteer leaders to make informed decisions in the corporation’s near-term and long-term best interests.

Organizations that follow these best practices prosper, remain vibrant, and sustain their vigor during challenging times. Likewise, organizations that fail to follow best practices often miss opportunities to advance in meaningful and innovative ways. They almost always stagnate.

Much has been accomplished this past year; I shared a lot of this information in a letter to members dated, November 1, 2014. However, there is significant unfinished business pertaining to the 2014/2015 11-Point Work Plan that needs tending to: the corporation’s architecture, engineering, and space planning review, led by the Facilities Assessment Work Group; data collection and member consideration of possible GVR boundary modifications, led by the Growth Task Force; and finding a long-term solution to the increasing demand for pickleball play within GVR, led by the Outdoor Racquet Sports Task Force. As a community, I believe we have the talent and capacity to make smart choices and find viable solutions at affordable costs. Each of these initiatives is led by dedicated GVR members and informed by member involvement and input.

Aligned with a best practice management commitment, I hope that each GVR member will approach these undertakings with an open and independent mind, careful consideration of available data and information, appreciation of future needs, and most importantly, creative and critical thinking. While it may be impossible for the Corporation to provide everything for someone, it is within our ability to provide something for everyone.

Thank you for a great year—a year filled with new friendships, challenges, successes, new opportunities, and life lessons. As John Wooden, the Wizard of Westwood wrote, “It’s what you learn after you know it all that counts.”

May the diversity of light we share this season bring you hope, peace, and a sense that all is possible if we strive together, putting our best ideas, practices, and attitudes to work for the welfare of all in our community.

GVR’s Mission

“To provide recreational social and leisure education opportunities that enhance the quality of our members’ lives.”

GVR Social Center Office Hours:

The following GVR offices are open for business 8am to 4pm Monday - Friday:

Member Services Center — 625-3440
1070 S. Calle de Las Casitas
Canao Hills Social Center — 625-6200
3660 S. Camino del Sol
(East Social Center — 625-4641
7 South Abrego Drive
(Closed for lunch from 11:30am to 12:30pm)
West Center and Box Office — 625-0288
1111 W Via Arcoiris
(Las Campanas Recreation Center — 648-7669
565 W. Belltower Drive
(Closed for lunch from 11:30am to 12:30pm)
West Center and Box Office — 625-0288
1111 W Via Arcoiris
(The following GVR Offices are closed (The Centers remain OPEN for member use):
Desert Hills Social Center Office — 625-5221 — 2980 S. Camino del Sol
Office Closed
Santa Rita Springs Recreation Center Office — 393-0360 — 921 W. Via Rio Fuerte
Office Closed

How Can I Contact A Staff Member?

If you would like to contact any member of the GVR staff, please call (520) 625-3440 and enter the appropriate extension number. You may also contact staff at the email address listed below. Any written correspondence should be mailed to P.O. Box 587, Green Valley, AZ, 85622. Website address: www.gvrec.org

Executive Office
Chief Executive Officer — Kent J. Blumenthal, Ph.D., CAE x7203 — kblumenthal@gvrec.org
Administrative Assistant — Sue DeKoker — x7212 — suandek@gvrec.org
Executive Assistant — Jen Morningstar — x7204 — jen@gvrec.org
(Board information)
Board Hotline — x7500 (For Board questions or comments)

Finance and Human Resources
Controller — Cheryl Mooser — x7205 — cheryl@gvrec.org
Human Resources Associate — Nancy Mackel — x7218 — nancy@gvrec.org
Monthly Payment Plan & Member Assistance Program (MAP) — Gina Peters — x7221 — ginag@gvrec.org

Facilities
Facilities Director — Guy Sendvik — x7207 — ggv@gvrec.org
Supervisor — Melanie Stephenson — x7229 — melanic@gvrec.org
(Administrative & fitness equipment, other repair or maintenance requests)
Maintenance Supervisor — David Jund — x7212 — djund@gvrec.org
Custodial Supervisor — Dan Freeman — x7359 — danny@gvrec.org
Landscape & Pool Supervisor — David Dow — x7234 — david@gvrec.org

Technical support for A/V and theater
Lead Sound & Lighting Technician — Randy Cheatham — x7209 — randy@gvrec.org
Controller — Cheryl Mooser — x7205 — cheryl@gvrec.org

Information Technology
Director — Karen Rams — x7266 — karen@gvrec.org
(Reservations & special events, movies & social center offices)
Facility Reservations — Jody Crawford — x7202 — jody@gvrec.org
Lead Sound & Lighting Technician — Shelly Freeman — x7219 — shelly@gvrec.org
(Technical support for A/V and theater)

Executive Office
Chief Operating Officer (COA) — Jen Morningstar — x7204 — jen@gvrec.org
(For help and immediate assistance anywhere in GVR from 5:30 am to 9 pm 365 days a year)

Member Services Coordinator — 625-3440
(Membership, guest and tenant cards)

Center Operations Assistant (COA) — 343-2440
(For help and immediate assistance anywhere in GVR from 5:30 am to 9 pm 365 days a year)

If you have an emergency and/or maintenance issue after normal business hours or on Saturday or Sunday, please call (520) 547-5390.
Tribute to Chuck Catino

President Kennel acknowledged the passing of Chuck Catino, who died on Monday, October 27, 2014. Several Board of Directors and members spoke and lauded Chuck for his commitment and contributions to GVR and the Greater Green Valley community at-large. Chuck had served on the GVR Board of Directors, and was currently serving on GVR’s Fiscal Affairs Committee, Growth Task Force, and Facilities Assessment Work Group. Joyce Finkelstein acknowledged Chuck’s death as a tremendous loss to Green Valley, and shared that Green Valley also mourns the recent passing of David Sirota.

Bylaws Committee

Director Joyce Finkelstein presented several proposed Bylaws Amendments to the Board and asked they be placed on the ballot. The proposed amendments had been reviewed by legal counsel. After much discussion, one proposed amendment was sent back to committee for further refinement, and all others were approved by the board to be sent to the membership for its endorsement in 2015.

Fiscal Affairs

At the request of the Board of Directors at its September 26, 2014 meeting, the Fiscal Affairs Committee reviewed the charges for the audit committee, and recommended revisions. The board approved the suggested revisions, which will be reflected in the corporate policy manual.

Growth Task Force

Chairman Joe Gunton explained the Growth Task Force decision to hold two informational public forums on October 21 and 22 regarding the proposal to expand GVR’s boundary to transaction to that of the Green Valley Council. Following the forums, Gunton decided to wait until questions were reviewed and answered before presenting a recommendation to the Board. Gunton suggested a focus group of GVR Members to assist in collecting and providing pertinent information and data.

Board Affairs Committee Chairman Appointed

The Board of Directors voted unanimously to appoint Director John Arnold as Chair of Board Affairs Committee. Arnold replaces Jim Burt, who resigned from the committee.

Board Affairs

Chairman John Arnold reported that the Board Affairs Committee endorsed a staff recommendation regarding placement of the board-approved Budget Development Policy within the Corporate Policy Manual (CPM). As part of the recommendation, staff will move all board policies currently scattered throughout the CPM to new Appendix B Board Policies section in the CPM.

Facilities Assessment Work Group

CEO Blumenthal reported on the progress of Facilities Assessment Work Group. A request for qualifications and timeline is being prepared by a subcommittee of staff and work group members. The workgroup is a subgroup of the Planning and Evaluation Committee.

Outdoor Racquet Sports Task Force

Nisson reported on the ORSTF Member Forum and follow-up Task Force debriefing conducted on October 27, 2014. At the briefing, the Task Force adopted a motion that would convert one of two tennis courts to pickleball courts at Las Casitas beginning January 1, 2015. Nisson announced that he had called a special meeting of the task force on October 29 to revisit the previously adopted motion and to discuss other unfinished business. [NOTE: The motion was subsequently rescinded in a vote of the Task Force at a public meeting held on October 29, 2014].

Question Regarding the Propriety of Allowing Closed Committee Meetings

In response to a member’s question about the propriety of allowing GVR committee meetings to be held in closed session, CEO Blumenthal responded that GVR Bylaws does allow committee meetings to be closed, provided that a majority of committee members vote to close a meeting. Blumenthal suggested that GVR request a formal legal opinion on the matter. Once the opinion is received, it will be made public.

Meeting Minutes of November 11, 2013 Amended

The Board of Directors voted to amend minutes of its November 11, 2013 meeting to include Board-Approved charges for the 2013/2014 Bylaws Committee. The committee charges had earlier been unanimously approved via an e-mail vote of the Board, an act permitted according to the “Action Without Meeting” clause within the Arizona Revised Statutes.

Next Board of Directors Meeting

Tuesday, January 27, 2015 @ 1:30pm - Las Casitas
Volunteer Table Talks In January  All GVR Members Invited

In January, Green Valley Recreation will host “Table Talk” meetings at ten GVR centers for existing pool and fitness center volunteers, previous volunteers, and for those interested in volunteering. Like many other organizations in Green Valley, the number of people willing to volunteer has been declining over the past few years. The reality is, individuals who have been volunteering for years are “aging out,” and boomers are unwilling to make long term commitments because they are too busy enjoying their retirement.

It still is important to have someone willing to help out at the pools and fitness centers in the areas of hospitality, member identification and security. Currently we have a flex program where volunteers need not sign-up for specific days and times, but rather can be on duty” when they are at the pool or fitness center during their regular work-out.

All GVR members are invited to these Table Talks to share ideas and make suggestions to help improve the program.

Of course, refreshments will be served and prizes will be given. Please join us at one of the meetings. You may attend any session (not necessarily at the center where you are currently volunteering or are interested in volunteering.)

Please register at any open GVR center office or by contacting Volunteer Supervisor Maureen McCarthy at 625-3440 x7224 or at maureen@gvrec.org.

Volunteer Staff Coordinators Meeting, December 10, East Center Auditorium

Volunteer Staff Coordinators act as a liaison between the volunteers at their facilities and GVR’s Volunteer Supervisor. It is lots of fun and not a lot of work! They help answer questions of those volunteers on a flex schedule. VSCs also keep volunteers up to date with all the latest information needed to help keep members safe while enjoying GVR facilities.

If you are interested in learning how much fun you can have and how simple it is, please attend the meeting on Wednesday, December 10, 9 am, at East Social Center, or contact the Volunteer Supervisor, Maureen McCarthy, at 625-3440 x7224 or maureen@gvrec.org.

New Volunteer Training December 17

At Green Valley Recreation, we realize that providing volunteer opportunities for our members is as good for them as providing fitness centers, swimming pools, clubs, concerts and classes! We make it even easier for members to reap the benefits of volunteering with our volunteer flex program.

Volunteers may swim or work out while on duty. They may choose to commit to a specific day, time and place, or to opt for a more flexible option of volunteering while they are doing their work-out.

We have all kinds of fun activities for our volunteers, so join us! To get started, we have a short volunteer training class on Monday, December 15, at 2 pm in the East Social Center Room 2. Free refreshments will be served! Hope to see you there!

If you are interested, please sign up at any open social center or contact Maureen McCarthy, 625-3440 x7224 or at maureen@gvrec.org. Reference CR #28775.

AED Class December 15

GVR has AED (automated external defibrillator) machines at all of our centers. Anyone can save a life by combining continuous chest compressions (no rescue breathing necessary) with the use of an AED. No certification is required!

The next training class in the use of AED machines be Monday, December 15, 2 pm, in the Desert Hills Auditorium. Members may register at any open social center. Please reference CR # 28775. For information, contact Maureen McCarthy at 625-3440 x7224 or at maureen@gvrec.org.

Volunteer Table Talks Schedule

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Meeting Room</th>
<th>Time</th>
<th>CR #</th>
</tr>
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<tbody>
<tr>
<td>Continental Vistas</td>
<td>Tues. Jan. 6</td>
<td>Recreation</td>
<td>2 pm</td>
<td>32076</td>
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<tr>
<td>Canoa Ranch</td>
<td>Thurs. Jan. 8</td>
<td>Amado</td>
<td>9 am</td>
<td>32075</td>
</tr>
<tr>
<td>Desert Hills</td>
<td>Fri. Jan. 9</td>
<td>Room B</td>
<td>9 am</td>
<td>32077</td>
</tr>
<tr>
<td>Santa Rita Springs</td>
<td>Fri. Jan. 9</td>
<td>Santa Cruz</td>
<td>2 pm</td>
<td>32078</td>
</tr>
<tr>
<td>Abrego North/South</td>
<td>Sat. Jan. 10</td>
<td>ABS Recreation</td>
<td>9 am</td>
<td>32079</td>
</tr>
<tr>
<td>Canoa Hills</td>
<td>Sat. Jan. 10</td>
<td>Mesquite</td>
<td>2 pm</td>
<td>32080</td>
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<tr>
<td>Madera Vista</td>
<td>Wed. Jan. 14</td>
<td>Recreation</td>
<td>2 pm</td>
<td>32081</td>
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<tr>
<td>Casa Palma 1 &amp; 2</td>
<td>Sat. Jan. 17</td>
<td>CP1 Recreation</td>
<td>9 am</td>
<td>32082</td>
</tr>
<tr>
<td>Las Campanas</td>
<td>Sat. Jan. 17</td>
<td>Ocotillo</td>
<td>2 pm</td>
<td>32083</td>
</tr>
<tr>
<td>East/West Center</td>
<td>Fri. Jan. 23</td>
<td>East Auditorium</td>
<td>9 am</td>
<td>32084</td>
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</tbody>
</table>

Water Aerobics!

Water Aerobics classes are FREE drop-in activities.

You need not register for the classes – just come and join in on all the fun! Stop by and see what it’s all about!

POOL .......................DAYS OF THE WEEK ..............TIME

Abrego South .......... Mon and Thurs ............ 8:00 am
Casa Paloma II ......... Mon through Sat .......... 9:00 am
Canoa Ranch .......... Tues, Thurs and Sat ....... 8:30 am
Continentalis ......... Wed ....... 6:00 pm
Desert Hills .......... Mon, Thurs & Sat .......... 8:45 am
East Center .......... Mon and Thurs ............... 10:00 am
Las Campanas ............ Tues, Thurs and Sat ....... 9:00 am
Santa Rita Springs ..... Mon through Sat .......... 9:00 am

Pools usually are closed during a scheduled water aerobics class. You may use the spa during the class. Please plan your use of the swimming pool to avoid conflicts with the start or conclusion of water aerobics classes.

Water exercise courses are offered at several of our pools. Please check this issue of Keeping Current for dates and times. The swimming pool may be closed during those classes.

If you have any questions regarding the guidelines for swimming pools and spas during water aerobics or other aquatics classes, please call 625-3440, x7224.

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All GVR members are invited to these Table Talks to share ideas and make suggestions to help improve the program.

Of course, refreshments will be served and prizes will be given. Please join us at one of the meetings. You may attend any session (not necessarily at the center where you are currently volunteering or are interested in volunteering.)

Please register at any open GVR center office or by contacting Volunteer Supervisor Maureen McCarthy at 625-3440 x7224 or at maureen@gvrec.org.
**FALL COURSE CATALOG**

**AVAILABLE NOW FOR CLASSES OCT—DEC**

Pick up your catalog at any center office or view online at www.gvrec.org

Registration is going on now so sign up today at Canoa Hills, East Center, Las Campanas, West Center or Member Services Center. Members can also register online at www.gvrec.org. Non-members must register in person at a Major Center office.

Please remember if you want a 2014 Fall or 2015 Winter Class Catalog mailed to you, GVR requires that you leave a self-addressed stamped 9x12 (NO LARGER, NOT PADDED) envelope with 5 first class stamps on it for each catalog. You may leave the envelope at a major center office, Member Services Center or mail the envelope to PO Box 586, Green Valley, AZ 85622 Attn: Catalog. Don’t forget to write on the bottom left hand corner of the envelope which session catalog you want mailed. NOTE: Due to increased size of catalog and increase in postage, you will now need to put FIVE first class stamps on the envelope to receive a catalog.

**Added since Fall Course Catalog printed:**

**Health and Fitness**

**Tai Chi and Qigong, Green Valley Style - Two Hr Workshop**

Instructor: Kat Strandlie — Kat, certified instructor, covers an abbreviated version of her ongoing “Tai Chi and Qigong, Green Valley Style” class (offered in GVR winter catalog.) Participants leave with a restored sense of life energy (Qi), refreshed and relaxed after seated and standing exercises, which can balance and restore internal systems. She discusses medical and self-defense applications and encourages all to “Look Within” for guidance. “The Tai Chi for Arthritis” form taught can strengthen memory, restore and improve overall balance if practiced. Participants learn basic principles of alignment applicable to most styles of internal arts. Please join the tai chi community and see if this class is for you.

Fee: Member $25/Non-member $10 more

CR# 31791 – Sunday, December 7, 12-2PM, Santa Rita Springs, Fiesta Room

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**Watch for the 2015 Winter Course Catalog**

(Jan-Apr) available at center offices

Beginning Monday, December 8.

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**Are you someone who wants to share your expertise and instructional ability?** GVR is continually looking for new courses. If you are interested in instructing a course or have a great idea that you think would be of interest to others, please call 520-625-3440 x 7226

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4 - Ton  - $3,700.00

**SUMMER BLOWOUT**

5 - Ton  - $4,100.00

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- Palm Springs Getaway Tour - March 31 to April 3, 2015
- New Orleans & Natchez Spring Tour - March 26 to April 2, 2015

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3 - Ton  - $3,200.00  
4 - Ton  - $3,700.00

**SUMMER BLOWOUT**

5 - Ton  - $4,100.00

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**Continental Shopping Plaza**

**Mona’s Danish Bakery**

Here for the holidays!

Thursdays through Saturdays stop by and treat yourself to incredible baked goodies between SHOOZ! and Turquoise Cowgirl.

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**Scott Guerin**

Heating & Cooling

**Package or Split AC**

**INSTALLED PRICE**

13 - Seer  
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Here for the holidays!

Thursdays through Saturdays stop by and treat yourself to incredible baked goodies between SHOOZ! and Turquoise Cowgirl.
In order to serve our members and allow employees time with their families, GVR will operate on a modified schedule for the upcoming holidays. Groups and individuals with current 2014 holiday reservations are not affected by these closures.

Christmas Holiday
-Wednesday, December 24 (Christmas Eve)-All GVR centers including pools/spas and fitness facilities will close at 6PM.
-Thursday, December 25-All GVR Center fitness facilities, pools/spas, dedicated space, and multipurpose rooms will be closed all day with the exception of certain pools and fitness rooms listed below.
-New Year’s Holiday
-Wednesday, December 31 (New Year’s Eve)-All dedicated space, multipurpose space, pools/spas and fitness facilities will close at 6PM.
-Thursday, January 1- All GVR Center fitness facilities, pools/spas, dedicated space, and multipurpose rooms will be closed all day with the exception of certain pools and fitness rooms listed below.
-New Year’s Day
-Thursday, January 1- All GVR Center fitness facilities, pools/spas, dedicated space, and multipurpose rooms will be closed all day with the exception of certain pools and fitness rooms listed below.

2014 GVR Center Holiday Schedule

A GREAT GIFT — YOUR SHARE OF
$54,000!

THANKSGIVINGS & HOLIDAY
WINNINGS

NOW – DEC. 21 | TUCSON

Call now for your appointment
520-625-0800

Accepting most insurance plans and patients of all ages.

A GREAT GIFT — YOUR SHARE OF $54,000!

THANKSGIVINGS & HOLIDAY WINNINGS

NOW – DEC. 21 | TUCSON

Earn entries and win cash prizes of $300, gift cards up to $2,500—or your share of $54,000 total! Swipe your card at any kiosk to earn an extra free entry!

Drawings are every half hour from 5PM through 7:30PM only on:

DEC. 21 AT TUCSON

And don’t miss Thanksgivings & Holiday Winnings Hot Seats on drawing days—win a $25 gift card for you AND all guests in your slot bank. Hot Seat drawings every half hour from 2PM through 4PM.

TUCSON | NOGALES HWY. 1 MILE S. OF VALENCIA RD.

2015 GVR Guest Card Policy

GVR members may purchase guest cards for their visitors (required for all guests 18 years of age or older.) GVR members and tenants are responsible for the conduct of their guests. All guests are required to adhere to the Green Valley Recreation Code of Conduct.

-All guests must reside outside a 20 mile radius of Green Valley.

-Guests are temporary visitors who are staying in a GVR household with a GVR member or who are staying in a local commercial hotel as a guest of a GVR member.

-All guest cards must be purchased in person by the GVR member. If you already have an Annual Guest Card, you may pay for it with your dues and the card will roll over January 1.

There are two types of guest cards:

• Daily Passes: ($5 per day for unlimited guests for that day.) Members must provide the name of the guest(s) and the usage dates when the pass is purchased.

• Annual Guest Card: ($50 for one calendar year and free for single member households) This card allows guests to visit the facilities unaccompanied by a member and is good for an unlimited number of guests throughout the year. This card must be swiped at card readers at all facilities and may be used by multiple guests with the same card.

• Members may purchase a second card for $25.

• GVR members who own more than one GVR property may purchase Annual Guest Card(s) only for the property in which they reside.

For more information or to join the team, contact Melanie Stephenson at 625-3440 x7229.

Green Valley Dermatology Practice is Now Open

Dr. Dyson is a Board Certified Dermatologist and Dermatopathologist with extensive experience in medical, surgical, and cosmetic dermatology. A genuine “people person,” she brings her medical expertise and her outstanding bedside manner to all of her patients.

Patricia Ferrer is a Board Certified Physician Assistant. She has vast experience in medical dermatology and her compassionate nature adds to her dedication of providing quality care.

www.dysondermatology.com
www.drilizaliturri.com

See Habla Español

516 E. White House Canyon Road, #100
12/13 Saturday: Pueblo Grande Indian Market and Organ Stop Pizza Tour — We travel to the Phoenix valley to visit several noteworthy attractions. Today the Pueblo Grande Museum hosts their annual Indian Market which features over 200 top Native American artists with items such as paintings, sculptures, jewelry and baskets. Native music, dance and food will also be available during our morning visit. We then head to Mesa for lunch and entertainment at the Organ Stop Pizza Restaurant. The Mighty Wurlitzer at the Organ Stop Pizza is a wonderful treat to hear and the pizza is good too. With nearly 6000 pipes, numerous percussions and countless traps the Mighty Wurlitzer is one of the largest and finest theatre organs in the world. Join us for this enjoyable day tour! Includes: transportation, services of a tour director, lunch (tax and tip), admission, bus refreshments and driver tip. Fee for GVR members is $87 and bring a guest for $92. Bus departs from Desert Hills Social Center UPPER parking lot at 8AM and returns at 5PM. Deadline to purchase tickets, 12/4/14. No refunds after 12/4/14. CR# 31457

Silver Springs brings a comfortable, maintenance-free retirement lifestyle to seniors in Arizona’s scenic Green Valley. Available on an affordable monthly fee basis, here you’ll enjoy the support and peace of mind of Independent and licensed Assisted Living programs and services designed to meet your needs today and tomorrow.

Call today to schedule lunch and a personal tour!
REGISTRATION

Registration for classes, trips, movies, concerts, special events and dances is available to our members in the following forms:

• Online at www.gvrec.org
• In person at any major social center office during normal business hours (see schedule on page 2)
• Over the telephone by calling any of the major social centers
• By mailing a registration form to GVR, PO Box 586, Green Valley, AZ 85622.

However, mailing your registration in does not guarantee that space will be available. All tickets and registrations are on a first come first served basis. Members may purchase items on their own account only.

TICKET PURCHASES

Individual single tickets currently are on sale for the 2014-2015 GVR Live! Performing Arts Season. We encourage you to purchase your tickets in advance at any open GVR Social Center. General public ticket purchases must be made at the West Service Center and Box Office. Tickets to concerts and some special events are available at the door at the West Service Center and Box Office, one hour prior to the event. Ticket prices increase $1 at the door. Tickets are not available at the door for sold out events. Members may purchase up to four guest tickets per household at the guest price.

REFUNDS/EXCHANGES

There are no refunds for season, individual member, guest or general public tickets. All sales are final. GVR offers season ticket exchanges up to 24 hours prior to an event. Season tickets may be exchanged for any other performance in the performing arts series. Tickets must be present in order to process exchange. Upgrade fees may apply. Refunds will not be given if exchanging ticket(s) for a less expensive performance.

Tickets can be exchanged in person at Member Services Center, 1070 S Calle de las Casitas Monday-Friday, 8AM-4PM. Tickets can be mailed to GVR Member Services Center, Attn: Season Ticket Exchange, P.O. Box 586, Green Valley, AZ 85622. Please see Class Catalog for information regarding refunds for classes, trips and tours. If you have questions regarding refunds, please call 520-625-3440 extension 7208.

Box Office Hours for West Center, Dec. 2014

To better serve our members, West Service Center and Box Office is open weekdays from 8 am to 4 pm and on weekends and holidays from 10am-2pm.

On program days, the West Center Box Office is open for your convenience one hour prior to all performances. Below is a list of the dates for upcoming events.

Mon., Dec. 1 - Movie
Tues., Dec. 9 - Concert
Tues., Dec. 16 - Concert

Thurs., Dec. 4 - Concert
Mon., Dec. 15 - Movie
Wed., Dec. 31 - Concert

The GVR Live! 2014/2015 Performing Arts Season

Tickets for all performances and events currently on sale

CALENDAR OF EVENTS

CONCERTS

Christopher O’Riley
Thursday, December 4, 2014, West Center, 7pm

Christopher O’Riley is recognized as one of the leading American pianists of his generation, touring extensively as a recitalist and chamber musician and appearing with every major orchestra. As host of the popular NPR music program, From the Top, Mr. O’Riley is well-known for his eloquent and compelling musings on music and popular culture. His latest performances stretch the piano beyond the classical repertoire and into the rich uncharted territory of contemporary and alt-rock.

His latest release, Out Of My Hands, includes music of R.E.M., Portishead, Cocteau Twins, Pink Floyd, Nirvana, The Bad Plus, The Smiths, Tears for Fears as well as material from Radiohead and Elliott Smith. Christopher O’Riley’s reimagining of works by these modern artists have garnered critical accolades and international acclaim, including the only four-star review ever given by Rolling Stone to a Classical pianist. CR#31527. Members $20, Guests $23, General Public $26.

Jesse Peters Vintage Christmas
Tuesday, December 9, 2014, West Center, 7pm

From Bing Crosby to Dean Martin, Christmas conjures up memories of great crooners. Fast forward to 2014 and Canadian singer Jesse Peters has the depth of vocal color to bring you a soulful twist on a traditional set of Christmas carols. Jesse is best remembered for his chart-topping New Year’s Eve concert in 2012. He returns to Green Valley Recreation for another electrifying musical experience. His newest show Vintage Christmas is exactly that: the classics approached in a way that’s once familiar and fresh. Jesse Peters and special guest vocalist Lindsey Nage are backed by guitar, bass and piano. It’s a perfect Christmas evening, served up with class and style. Jesse is one of Canada’s premier emerging artists. Blessed with a natural ability to convey both brilliant musicality, and true emotion with his voice, Jesse draws on life and tradition to craft the future. Textures that honor Jesses great influences like Ray Charles and Billy Joel are fused into the modern sound that Jesse creates, and recreates every time he sits in front of a piano and microphone. Touring has taken him all over North America and across the Pacific to China. Highlights have included the prestigious Glenn Gould Studio Theatre in Toronto, Canada (presented by Massey Hall), performing in New York City and a tour of major centers in China. CR#31528. Members $24, Guests $27, General Public $30.

TSO Pops! Home For The Holidays
Tuesday, December 16, 2014, West Center, 7:30pm

The hall will ring with holiday favorites and seasonal classics. This concert is guaranteed to put you in the holiday spirit! Join Albert George Schram and the TSO for a program of cherished holiday favorites including Mannheim Steamroller’s Silent Night, Leroy Anderson’s Sleigh Ride, Johann Strauss’ Blue Danube Waltz, and of course, the chance to sing along with the TSO on your favorite carols! CR#31529. Members $36, Guests $39, General Public $42.

That’s Life: A Toast To Frank Sinatra
Wednesday, December 31, 2014, West Center, 7pm

Celebrate the New Year and the birth of a legend with Green Valley Recreation! Of’ Blue Eyes, The Voice, The Chairman of the Board - Call him what you want, but there is no denying the legacy of Frank Sinatra. He was the iconic voice of a generation and one of the greatest entertainers of all time. In 2015, fans of the legendary crooner will commemorate his 100th birthday. Green Valley Recreation would also like to pay homage to the legend on the most spectacular night of the year. Green Valley Recreation favorites, Lee Lessack, Scott Couler and John Boswell perform the hits of this extraordinary legend celebrating his life through his music and songs. This musical tribute will include treasured classics including “Strangers in the Night,” “Fly Me to the Moon,” “Luck Be A Lady”, “My Way,” and “New York, New York”. Join Green Valley Recreation in paying tribute to one of the greatest singers of all time. Ringing in the New Year never sounded so good! CR#31530. Members $34 Guests $37, General Public $40.

TSO Masterworks Brahms And Mozart,
Thursday, January 8, 2015, West Center, 7:30pm

The program starts with an Italianate work of Mozart’s, the Symphony No. 32, so brief it has been performed as an overture, and follows with de Falla’s sumptuous and fiery ballet suite; El amor brujo. Brahms’s Serenade No. 1 completes this trios of all time. Ringing in the New Year never sounded so good! CR#31530. Members $34 Guests $37, General Public $40.

More details on upcoming events can be found on our website:\nwww.gvrec.org

...Continued, next page
CALENDAR SERIES OF EVENTS

CONTINUED FROM PAGE 10

MOVIES
(Tickets are required for admission to all movies. It is recommended that tickets be reserved in advance. Members can obtain tickets at all major social center offices and Member Services Center.)

The Fault In Our Stars  
Monday, December 1, 2014, 2pm (Open Captioning) And 7pm, West Center

Teenager Hazel, who has pushed people away since her cancer diagnosis, reluctantly joins a support group, where she bonds with a boy named Gus. Hazel and Gus share a sarcastic wit, a disregard for the conventional, and a love that sweeps them on a journey. Their relationship is even more extraordinary, given Hazel’s constant companion is an oxygen tank, and Gus jokes about his prosthetic leg. Together, they face the challenge of building a relationship under the shadow of terminal illness. Starring Shailene Woodley, Ansel Elgort, Nat Wolff. Directed by Robert Stromberg. Rated PG for sequences of fantasy action and violence, including frightening images. 97 minutes, Walt Disney Pictures, 2014. CR#31572/31573. Tickets are free to members and their guests. Concessions available.

Maleficent
Monday, December 15, 2014, 2pm (Open Captioning) And 7pm, West Center

A beautiful, pure-hearted young woman, Maleficent has a life growing up in a peaceable forest kingdom until one day an army threatens the harmony of the land. Maleficent rises to be the land’s fiercest protector, but she ultimately suffers a ruthless betrayal and the vengeful fairy is driven to curse an infant princess, only to discover that the child may be the one person holds the key to peace in the kingdom - and perhaps to Maleficent’s true happiness as well. Starring Angelina Jolie, Elle Fanning. Directed by Robert Stromberg. Rated PG for sequences of fantasy action and violence, including frightening images. 97 minutes, Walt Disney Pictures, 2014. CR#31574/31575. Tickets are free to members and their guests. Concessions available.

The Hundred-foot Journey
Friday, January 9, 2015, 2pm (Open Captioning) And 7pm, West Center

When the Kadam family relocates from India to a quiet village in the south of France, chef Hassan Kadam and his family open a restaurant directly across from Madame Mallory’s Michelin-starred eatery. When their business Maison Mumbai starts to thrive, the competing restaurateur launches a war between the eateries. Starring Helen Mirren, Om Puri, Manish Dayal. Directed by Lasse Hallstrom. Rated PG for thematic elements, some violence, language and brief sensuality. 122 minutes, Walt Disney Studios Motion Pictures 2014. CR# 32024/32025. Tickets are free to members and their guests. Concessions available.

GVR LECTURE SERIES
Our Lectures Series is FREE and open to all GVR Members and the General Public. Additional information is available on flyers posted on GVR bulletin boards.

•12/3-Northwest Medical presents “Exercise is Medicine: Staying Active and Preventing Injuries as We Age.” Dr. Troy Taduran, Board-Certified Sports Medicine and Neurromusculoskeletal Medicine. East Center, 9am

•12/4-Arizona Oncology Center presents “Nutrition and the Prevention of Chronic Disease”. Dr. Bob Porterfield. It is the position of the Academy of Nutrition and Dietetics that primary prevention is the most effective and affordable method to prevent chronic disease. This presentation will educate you on how dietary intervention positively impacts health outcomes. Canoa Hills, 9am

•12/6-Tucson Audubon Society presents “Birds of the El Triunfo Biosphere Reserve, Sierra de Chiaups, Mexico” with David MacKay. Long known to birders, the El Triunfo Biosphere Reserve has taken on an almost mythical quality due to its remoteness, limited access, rare birds and intact cloud forest. It is the only place in Mexico and one of the only places anywhere in the world to see the endangered Horned Guan and the recently re-discovered Azure-rumped Tanagers. Join David MacKay for a virtual journey and experience the magic of El Triunfo. Desert Hills, 10am

•12/18-Sarver Heart presents “Getting to the Heart of Good Food.” Charles Katzenberg, MD, clinical professor of medicine at the University of Arizona Sarver Heart Center, encourages his patients to walk toward a plant-based diet and run away from the SAD (Standard American Diet). Canoa Hills, 10am

•12/20-Tucson Orthopaedic Institute presents “Stay in Motion: Relieve Neck and Back Pain” Dr. Stephen Hanks, M.D. East Center, 2pm

SUNDAY, DECEMBER 14TH, 2014

GEORGE HARRISON, conductor

Bruce Chamberlin, Director TSO Chorus
Bach: Christmas Oratorio, Cantata No 1
Handel: Messiah Highlights

For FATSO membership information • Call Jane Bryan 277-2227 • Email janera@cox.net

HORNED GUAN & AZURE-RUMPED TANGERINE fine art bird prints available

JOIN FATSO FOR DELIGHTFUL EVENINGS OF DINNER AND ROUND-TRIP BUS TRANSPORTATION TO TUCSON MUSIC HALL AND PERFORMANCES BY THE TUCSON SYMPHONY ORCHESTRA.

SINGLE AND MULTIPLE DAY TOURS IN THE SW

Tucson Modern Streetcar and Walking Tour  
Jan 15 & Feb 17; $30

Arizona Opry Broadway Show and Dolly Steamboat  
March 6: $159

Chicago at Gammage  
March 28: $147

GREEN VALLEY DEPARTURES • 625-8365
www.KruseArizona.com
LA TIENDA DRAWING WINNER

Susan Ford was the happy winner of a beautiful raku spirit bear, donated by artisan Julie Jacques of the La Tienda Shop. Susan said she seldom wins anything, so it was a pleasant surprise to learn she had won La Tienda’s monthly drawing. She moved to Green Valley from Vermont eight years ago and has been a full-time resident ever since. She stays very busy with many activities. She is a founding member of the Green Valley Game Association and an active member of a Newcomers Club. She volunteers to help out at the libraries of two schools and sings in her church choir. She is chairman of the Santa Cruz Shoestring Players and sometimes directs their shows. In addition, Susan plays Mahjong, bridge and golf. What a lucky lady she is!

La Tienda is located in the courtyard of West Social Center. Shop hours are 9 am to 4 pm Monday through Friday and 10 am to 2 pm on Saturday. All items are hand crafted by the members of La Tienda Club and include a large selection of jewelry, photography, decorated gourds, pottery, ceramics, home decor, and other interesting items. Shoppers are amazed to see the high quality and reasonable prices. You are encouraged to sign up for the monthly drawing when you come in to shop. The lucky winner just might be YOU!

GVR Argentine Tango Club

As the rest of the county cools down, we are warming up in Green Valley. Just one more reason to dance! Our next Milonga (Argentine Tango Social Dance) will be held on Saturday, December 13th, at the Canoa Hills Social Center from 6:00 pm to 9:30 pm. In addition, everyone is invited to dance and welcome in the New Year at the Santa Rita Springs Anza Room on December 31 from 6:00 pm to 10:00 pm, with live music provided by QTANGO. All GVR members and authorized guests are invited to dance and/or enjoy the music.

Argentine Tango classes are available by professional instructors Dave & Shelli Little through GVR. Classes begin the first Friday of each month from 6:00 pm to 7:30 pm at the Santa Rita Springs Anza Room. Singles, GVR member drop-ins, and observers are welcome. Non-GVR members must contact GVR in person to attend the class.

The club sponsors free weekly Argentine Tango Practicas (informal tango dancing) on most Sundays from 3:00 pm to 5:30 pm. Experience and a partner are not required. Free lessons in Argentine Tango Basics are provided by our members. For more information, watch for posters in the recreation centers, join us on Facebook at http://www.facebook.com/groups/GVRArgentineTangoClub or contact Beverly or Chuck by phone at 623-3488.

Ceramics Club

The Ceramics Club wants to wish you all the best of holidays. If you need a special gift, please check out what we have for sale in our window at Desert Hills Social Center. Whether you need an ornament, holiday decorative decor or southwest vase for that special person, we offer a variety of many beautiful ceramics.

Our Beginning Ceramics classes are listed in the Green Valley Recreation Guide under Winter Catalog. We highly recommend you sign up ASAP, because classes fill up very quickly. Contact the Ceramics Club (520)399.2818 for information.

Colorado Club

If you’ve ever lived in Colorado and are a GVR member, come join the Colorado Club for our monthly social with dinner and entertainment at 5:00 pm, at Las Campanas on the first Saturday of each month. Our next meeting is Saturday December 6th. Bring your GVR number, beverage and table setting. For more information call Judy 520-625-1151.

GV Raquetball Club

The Green Valley Raquetball Club plays open court doubles six days a week (Monday - Saturday), starting at 9 am. It is a 50% fee for the member. There is an evening game, starting at 6:00 pm which is a 75% fee for the member. Check with the front desk to see who is playing. Contact the club

Green Valley Rubber Stampers

MERRY CHRISTMAS! If you don’t have your Christmas cards by now, stop by the Desert Hills Social Center Art Room any Tuesday from 9am to 4pm. Check out our window display (which has cards inside). You can get a contribution of $2.00 per handmade card. The Art Room is on the upper level above the pool. Come see what we are creating and what we can do also. Annual dues are $5.00 which runs January - December. We will show you the basics and help you from there. For further info, contact Joyce Lambert, President 777-6530 or Kay Beaudry, Vice President 495-4733 or just find time to stop by and say hello.

Green Valley Duplicate Bridge Club

The Green Valley Duplicate Bridge Club is one of the oldest and largest clubs in Arizona with over 30 members. The games are sanctioned by the American Contract Bridge League (ACBL). Membership in ACBL is encouraged but not mandatory. The club plays sanctioned bridge on Mondays, Thursdays, and Fridays at 1:00 pm in the Canoa Hills Recreation Center. All GVR members are welcome to join. Club membership is $1.00 per calendar year and the game fee is usually $1.00 per person/$2.00 per pair. Entries must be purchased at least 5 minutes before the game begins.

Bridge lessons are available on scheduled dates for club members with some bridge experience. Lessons are free, but there is a small charge for materials. Lessons begin on the first Friday of October and again on the first Friday of February. Classes last 8 weeks. The next class begins on Friday, October 3, 2014, from 9:00 am to 11:00 am in the East Recreation Center. Brenda Sonndergast is the club’s bridge instructor. Call her at 520.399.2112 for details. Further information can be found on our web site: gvbridge.com or by calling Club President John Ziegelbauer 520-399.0419 or Club Manager Al Bowman 520.625.8667. Come join the fun!

Michigan Club

Welcome back to all our Michigan family. The Michigan Club has put together an exciting year of dinners and entertainment. We can look forward to a whole array of diverse fun filled evenings. Our December meeting will be held on December 3rd, and we will enjoy a catered dinner followed by a great entertainment provided by Igor Glenn...a one man Christmas Show. To make your reservation for this meeting, please send a check with your GVR number written in the memo line to: Michigan Club, PO Box 323, Young, MI 48191. For further information, please call 931-0381. Reservations are due by November 28th. Also, don’t miss our January Pizza Party on January 7th.

The Michigan Club holds monthly meetings the first Wednesdays of each month from November through April with reservations due the Friday before the meeting. All Michiganans who are GVR members are welcome to attend. The cost for each monthly meeting is $10 which includes a delicious catered meal. Come and get together with other Michiganans...renewing old friendships and making new ones.
We invite GVR members and their guests to stop by and see what we have to offer! Drop in on any Thursday from 12:30 pm to 4 pm (year-round) and Friday mornings from 9 am to noon (January – October). We are located in the Desert Hills Art Room, upper level. Fabric Painting opens up endless opportunities for transforming not only your wardrobe but also your home. It enables you to create one-of-a-kind pieces of wearable art (t-shirts, jackets, purses, scarves) or to design some special cushion covers, curtains, or wall hangings. Personal creations also make perfect holiday gifts for family and friends.

The club provides all painting supplies and patterns, as well as helpful monitors who are available to assist with your project if necessary. Simply bring an item you wish to transform and a generously

For details. For further information, call Club President Judy Cunnyngham (625-9671), or Vice President/Instructional Monitor Lois Wilhelm (818-1600).

### Electric Mah Jongg Club

The WRIGHt-PAttERSON MAH JONGG CLuB meets every Tuesday, Thursday and Saturday at Las Campanas Social Center. Singles are welcome. Contact Bob Van Atta for rounds. We also sponsor two “special” dances that alternate throughout the evening. There is no instruction used, to we still want and need to be active. Again, Pickleball fills this need. Many of us are retired and even though our bodies don’t look, feel, or function the same as they used to, we still want and need to be active. Again, Pickleball fills this need!

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### Green Valley Forum Club

The Green Valley Forum Club meets every Wednesday to listen to presentations and programs that are mind-expanding, informative, challenging and quite often just plain entertaining. Our meetings are held in the Desert Hills Social Center Auditorium from 9:00 am to 10:00 am. No need for reservations or tickets. Dues are $2.00 per year. You must be a GVR member to attend.

**December 3:** “Everyday Heroes” Sandy Cord, docent for the Tuscon Museum of Art will give a slide presentation of Western art which will explore how America’s cowboys were elevated into the image of heroes and icons of the wild west.

**December 10:** “Treatments for Restless Leg Syndrome” Dr. Trent Freeman will present the fifth of a Good Health series. Learn what are some of the causes of this urge to keep moving one’s legs and resulting in sleep deprivation. Learn some techniques and treatments which offer relief.

**December 17:** “The Capabilities and Role of the A-10 Thunderbolt (Wart Hog)” A representative from Davis-Monthan AFB will explain the construction, capabilities and missions of the A-10. Thunderbolt lighter jet. The presentation also will discuss the proposed retirement of the aircraft and its potential impacts.

(This Program is Pending Final Confirmation at the time of publication.)

**December 24 & December 31:** No Programs during the Holiday Season.

### Fabric Painting Club

The Fabric Painting Club has been open at Las Campanas for about 2 hours. Parties registration for club members and guests is $2.00 each. Yearly dues are $5.00 due in January. Nightly fee is 75 cents. For more information contact: Dean Capes, President at (520) 647-9916.

**December 24, 25, and 31.

Members remember the Annual Meeting/Holiday Party which will be held Saturday, December 13 at the Las Campanas at noon until 6 pm. Agenda: Dinner, Business meeting with Election of 2015 Pinchole Board of Directors and any other business appropriate for the Annual Meeting, playing Single & Double Deck Pinochle for about 2 hours. Party registration for club members and guests is $2.00 each. Yearly dues are $5.00 due in January. Nightly fee is 75 cents. For more information contact: Dean Capes, President at (520) 647-9916.

### Green Valley Squares

**Green Valley Squares**

Green Valley Recreation’s square and round dance club is now at its busiest, with a full schedule of events for our members and approved guests. Every Monday night we have our club dance at Canoa Hills Recreation Center, starting at 6:30 pm with a half hour of round dancing. Then, at 7:00 pm, square and round dances alternate throughout the evening. There is no instruction at these parties, but competent dancers at all levels are welcome. The charge is $5.00 for club members and $6.00 for guests. Spectators are welcome to come in and watch for free.

Every Monday and Tuesday we have lessons and workshops at Las Campanas Social Center. Singles are welcome. Contact David Flatt at 393-8406 or flatt8@hotmail.com for details. Every Sunday afternoon at Canoa Hills Recreation Center we have round dance lessons. Being your own partner. Contact Bob Van Atr at 225 330 9745 or larvln@eatel.net for details.

All GV Squares classes are given by professional, nationally-known instructors, Rick Gittelman for squares, and Lynn and Bob Van Atta for round dances. We also sponsor two “special” dances per year, on New Year’s Eve and St. Patrick’s Day, with other nationally-known callers and cued.

### Pickleball Club

Although activity may not guarantee more years to our lives, it will add more life to our years. The social aspect of sports and recreation is important. Baby Boomers don’t just want to be fit and healthy, they want to have fun, be social and meet new people. Pickleball fills this need. Many of us are retired and even though our bodies don’t look, feel, or function the same as they used to, we still want and need to be active. Again, Pickleball fills this need!

GVR Pickleball courts are located at the East and Canoa Ranch Centers. Want to learn? Join Intro to Pickleball this fall at East Center from 4pm until dusk on Tuesday and Thursday. And/or, Beginners - Pickleball 101 - this course consisting of three (3) lessons from 1:30 pm to 5:00 pm at East Center on February 2, 9, 16, 2015 for $15 per person. Limited to 36 students. Pickleball paddles supplied. Check the GVR website for course catalog. Please register with GVR Member Services Center, East Center, Canoa Hills, or Las Campanas Centers. Questions? Call Paul May 648-2151 or Donna Coon 648-1007. See Green Valley Pickleball Club website for schedule and videos - http://www.greenvalleypickleball.org.
Aerobic exercise, friendly competition, and camaraderie all come together at the Volleyball Club of Green Valley. The winter schedule, offers a wide opportunity to enjoy any or all of the various types of volleyball played in Green Valley.

You may be familiar with the “regular” outdoor volleyball which is played on a sand court Tuesday, Thursday and Saturday mornings from 9 am to 11 am, on a hard court and also evenings at the West Center. These games fill every weekday from 2 pm to 4 pm. To participate court shoes are required (sneakers that are worn only indoors, so sand or dirt doesn’t scratch the floors).

Water volleyball is perhaps the most social of the three. A net is strung across the pool and teams try hard to keep the ball from landing in the water. You can join the fun every Tuesday, Thursday and Saturday from 1pm to 3 pm at South Abrego, and after the game there’s usually coffee and some tasty snacks. Any GVR member is welcome join us for fun and exercise.

GREEN VALLEY HIKING CLUB

The Green Valley Hiking Club is dedicated to “safe, enjoyable hiking.” We run multiple hikes each week, all on Thursday mornings. Over the course of a season, hikes go to most of the mountain ranges in southeastern Arizona. If you would like to explore the wonderful trails in our part of the state, consider joining us.

We offer 3 levels of hikes. The easier “C” hikes are typically under 6 miles long and under 700 feet in elevation gain on generally good trails. The pace is geared to the hikers. The “B” and “A” hikes move at a faster pace with longer distances, more difficult trail conditions and greater elevation gain.

If you are new to the club you must attend an orientation session before you take your first hike. We will have Orientation on each Monday on December 1st, 8th and 15th. All are held at 8:00 am at the East Social Center. Call Sue Kazmier at 520-829-6023 for details or check out our website at http://www.gvhrs.org/ for more information.

GVR Men’s Poker Club

Come join us for an afternoon of fun and social bridge at Desert Hills. We meet on Thursday afternoon at 12:30 pm and play sessions at 12:50 pm. The dues are $3.00 a year, and we put in 50 cents every Thursday. Winnings are distributed for high scores. Contact Sandy Schmidt (520) 300-4114.

Lapidary & Silversmithing Club!

Happy Holidays! December is such an exciting month! The snowbirds are returning! For many of us that means meeting old friends, catching up on spring and summer news and activities, showing them the fall and winter GVR catalog and telling them about all the new and exciting classes offered by the Lapidary Club! If you have taken an entry-level class through GVR and are a member of the club, you have an amazing number of advanced classes available to you.

Let’s talk about Christmas! No need to brave shopping crowds in Tucson! An awesome selection of beautiful hand-crafted jewelry awaits your gift giving needs at all three of the Lapidary shops in West, East and Desert Hills Centers. Our knowledgeable staff of volunteers will be pleased to answer your questions about gemstones, metals or any other things related to the jewelry. Bring your list, take a look and make your choice.

NEW ENGLAND CLUB

Were you born in one of the six New England states? Ever lived in New England? Ever visited our northeast region? If you have any connection, or just love New England, you are invited to join our club for entertaining dinner meetings held from December through March. We kick off the season on Saturday, December 6th, with a potluck dinner and entertainment provided by the Arizona Sonora Desert Museum. Our social mixer begins at 5:15 pm at the West Social Center Auditorium, followed by dinner at 6 pm, and the program at 7 pm. Registration details are sent prior to the meeting. If you currently are not on our list, please contact Pat Firmegan (520/625-2276 or thenewenglandclub@juno.com) for membership/reservation information.

Desert Hill Ladies’ Bridge

Come join us for an afternoon of fun and social bridge at Desert Hills. We meet on Thursday afternoon at 12:30 pm and play sessions at 12:50 pm. The dues are $3.00 a year, and we put in 50 cents every Thursday. Winnings are distributed for high scores. Contact Sandy Schmidt (520) 300-4114.

“Build lasting friendships while enjoying an afternoon of poker.” The holidays are upon us. What better way to celebrate than with your friends at an afternoon of poker!” Come out and join the games. Maybe even win a few bucks. We have been in existence for more than 30 years. Enjoy the game of poker as well as the camaraderie of its members. We play for small stakes. All games are Hi-Low so there are (mostly) 2 winners in each hand.

We play Texas Hold em, Omaha, Stud and Crazy Pineapple. Not familiar? We’ll teach you. We play at Desert Hills, lower level in Room C, Monday thru Friday 12:30 pm to 4:30 pm. Signup is between 12:30 pm and 12:45 pm. Play when you feel like it. There is no commitment to play every day or any day.

Membership is open to GVR members and guests only. If interested in joining, dues are $5 and join 2 per calendar year. Play once without joining to see if you like it. Call Bob Hyden (623-1355) or Bob Northrup (207-6745) for more information... or better yet, stop by and see for yourself.

Social Bridge

On Thursday evenings at Desert Hills starting at 6:30 pm, we meet for Progressive (party) Bridge. You must have a partner and be a GVR Member to join us. Five rounds are played, with each round consisting of five hands. You start with your partner for the first round and then change partners for the remaining four rounds. Please arrive by 6:00 pm and start playing at 6:30 pm. Each round takes approximately 30 minutes, and we usually end by 9 pm. If you are interested please call Cathy or Joe Musacchia at 648-1375 or better yet show up with your partner. Dues are $2.00 per person per year and 50 cents per person per night.

Green Valley Tennis Club

The Green Valley Tennis Club promotes tennis in Green Valley with the goal to improve the tennis experience for all GVR players. Membership applications are available at the Tennis Hut at the West Social Center. Ten dollars a year gets you free access to the automated reservation system, six potlucks a year on the second Sunday of October through April. Quick Start Tennis for adult new tennis players is on Fridays noon to 1:30 pm at the East Social Center tennis center. Tennis Clinics for players looking to improve are on Mondays and Wednesdays. Members must sign up on the tennis club reservation system. Dates for tournaments with social events are on the website. The Annual Membership meeting/potluck is scheduled for January 11 at Desert Hills at 5:30 pm. Join the over 400 members by contacting Rey Otto, Membership Chairman or Brad Stillman, President.
Clay Studio of Green Valley

The Clay Studio of Green Valley is focused on providing an opportunity for creative expression and a flexible work place where members can come together to enjoy their hobbies in clay and share our creative skills - a place that is both recreational and educational and will enhance the quality of our member’s lives.

The Clay Studio is a hobby studio operating as an all volunteer organization. Our extensive facilities include a wheel room, sculpture and handbuilding rooms, plus a large workspace for glazing and general work. We also do raku and horse hair firings. An introduction to the Clay Studio class through the GVR catalogue is required for membership, and after that we provide ongoing work shops. We have very helpful talented members who share their expertise. Membership is $30 a year. You can create almost anything in clay and new members are always amazed at what they accomplish! Everyone has “artistic ability” when they play in clay!

Located in The Santa Rita Springs Social Center, the clay studio is open seven days a week when a monitor is present. Stop by for a tour and see the beautiful pieces that come out of our studio.

GVR Amigas Club

If you’re a female GVR member and are looking to connect with some new friends during this holiday season, GVR Amigas is the place for you. This month we have two regular events and lots of Interest Group activities. Our monthly Meet and Greet is December 4 at Las Canamitas from 4 pm – 6 pm in the Juniper room. No need to register, just drop in. Bring along your favorite beverage (adult beverages okay) and perhaps an appetizer or dessert to share. The monthly Coffee Time is December 20, at the Las Canamitas Cottonwood Room from 9 am to 11 am. Coffee and sweets provided, but you may choose to bring along your favorite mug as a conversation starter. Our next major potluck will be January 9, 2015 at Las Canamitas. To register for this event, contact Mary Gilroy at 719-337-9435 or e-mail gvrampasclub@gmail.com by Tuesday, January 6.

At all of these events we will have signup sheets for our upcoming Interest Group activities. We have lots going on from bird watching to a book club, events with spouses to card playing, and much more. To find out more in information about Amigas or any of these events, check our website at www.gvramigas.org.

Computer Club of Green Valley

Are you stumped by Windows 8 or the latest Android device? The Computer Club of Green Valley, located at Santa Rita Springs, offers instruction and use of the very latest in Windows, Apple and Android devices, including computers, pads and advanced digital photo editing equipment.

Members, both novice and advanced, have the opportunity to have hands-on experience with the latest in computers and devices. We have dozens of classes at no extra charge, ranging from Beginners Q&A to hands-on instruction on word processing and spreadsheets, as well as Genealogy. You can convert old slides to digital images, and LPs and VCR tapes to DVDs. Call for information on our two investment groups that meet weekly. Our monthly general meetings are open to all GVR members, in the Anza Room on the third Tuesday of the month October-April, at 1:30 pm featuring speakers on timely, interesting and informative topics.

The $25 yearly membership fee (family $35) includes dozens of classes at no additional charge. Go to www.ccgvaz.org to see all we have to offer. Questions, call the Club at (520) 625-4508. Stop in for a visit and tour - you’ll be welcomed by our volunteer monitors.

Friends In Deed

December Happenings

FRIDAY SOCIAL EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>12/5</td>
<td>Time for dancing and tapping with “Mistle Matters”. Dedicated volunteers who will brighten our lives with music.</td>
</tr>
<tr>
<td>12/12</td>
<td>“Life Donor” Program returns. Most of us can participate in this important program.</td>
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<tr>
<td>12/19</td>
<td>“Bonita” will help us to prepare for the holidays with joyful Christmas music. We will also celebrate the December Birthdays!</td>
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<tr>
<td>12/26</td>
<td>Closed in observance of the Christmas Holiday Weekend.</td>
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</table>

VAN TRIPS

<table>
<thead>
<tr>
<th>Date</th>
<th>Location Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec 2</td>
<td>Trader Joe’s/Whole Foods</td>
</tr>
<tr>
<td>Dec 4</td>
<td>Tucson Mall</td>
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<tr>
<td>Dec 9</td>
<td>Trader Joe’s/Sprouts</td>
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<tr>
<td>Dec 11</td>
<td>Park Place Mall</td>
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<tr>
<td>Dec 12</td>
<td>4th Ave Street Fair</td>
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<tr>
<td>Dec 16</td>
<td>Trader Joe’s/Roma’s</td>
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<tr>
<td>Dec 18</td>
<td>Tucson Mall</td>
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<td>Dec 23</td>
<td>Trader Joe’s/Sprouts</td>
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<td>Dec 24</td>
<td>Tumacocori</td>
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<tr>
<td>Dec 30</td>
<td>Trader Joe’s/Sprouts</td>
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DISPATCHER FOR ALL RIDES CALL 520-625-4424

Dispatch open: M-F 8:30 AM to 2:00 PM
Main Office Hours: 8:00 AM to 3:00 PM M-F
Blood Pressure Clinics: Tuesday and Friday 8:30 - 10:30 AM
Every Wednesday 9:00 to 11:00 at Community Connect

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FRIENDS IN DEED
**Green Valley Senior Games**

Registration forms will be mailed for the 2015 Green Valley Senior Games in late December and registration begins on January 6th. We will be celebrating our 31st year in the Green Valley community. Congratulations to Jim Fitzgerald for designing the participant shirt for the 2015 games.

Our games, which take place during the month of March, are open to the public with 30 events for seniors ages 50 and older. (5k Run-2k Walk, Basketball Shoot, Bean Bag Toss, Bicycling, Billiards, Bocce, Bowling, Canasta, Chess, Cribbage, Euchre, Field Events, Golf Skills, Hearts, Horse-shoes, Mah Jongg, Pickleball, Pinochle, Racquetball, Sand Volleyball, Sheepshead, Shuffleboard, Swimming, Table Tennis, Tennis, Texas Hold‘em, Tri-Athlete, Wallyball, and Water Volleyball) Applications will be available at all GVR recreation centers and information on-line at [www.gvrec.org](http://www.gvrec.org). Follow the sports link. The deadline to register is February 18th.

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**Are you on “The List” yet?**

Please join the thousands of GVR members who are getting regular email updates (called eBlasts) on “what’s happening” at GVR! If you want to be “in the loop,” simply go to the GVR website home page at [www.gvrec.org](http://www.gvrec.org). Scroll to the bottom to the “Email List Sign-up” box and register, or provide your name, GVR number, and current email address to the coordinator at any open GVR Social Center. GVR will not share, rent or sell your email address with any other entity.

If you don’t have a computer, you can use one at the library! You always will have the opportunity to “opt-out” if you no longer desire electronic correspondence from GVR.

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**Join Us And Celebrate the Holidays!**

We are having an open house celebration for our clients, friends and anyone who could use a little cheer, so Falalalalaa on over and have some fun!

- Take a tour of our hospital, boarding and daycare facilities.
- Meet our friendly veterinarians and ask anything!
- Mingle with fun and interesting people who love their pets, eat some great food and let the spirit of the holiday season wash over you.
- Email us a picture or two of you and your pet and we will put them in the holiday slideshow.

For further information check out our website: [www.AnimalCareCenter.com](http://www.AnimalCareCenter.com)

**ANIMAL CARE CENTER**

*of Green Valley*

Wag more, purr louder, live better.

Open to ALL pet owners (Please leave pets at home)

- **Date:** Dec. 16, 2014  •  **Time:** 5-7 PM
- **Place:** Animal Care Center of Green Valley, 555 White House Canyon Rd.
- **Register:** Email or call to reserve your seat.
- **Contact:** AnimalCareCenter.com or 520-625-0433

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**Say Yes TO LA POSADA without saying Good Bye to GVR!**

Yes, you can retain your Green Valley Recreation membership when you move to La Posada.

Learn all the details – as well as the many other benefits of living at La Posada – by meeting with a La Posada Retirement Counselor.

For a personal tour or to attend a no-obligation breakfast presentation, call 520-648-8131

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www.gvrec.org
GVR Professional Services
Personal Trainers Available to Members

GVR’s fitness professionals can provide instruction on the proper use of equipment, assess your fitness level, improve your current workout routine or develop an exercise program just for you! Training is conducted at Las Campanas, Santa Rita Springs, East Social Center, Canoa Hills, Desert Hills, and Canoa Ranch. There is a fee paid to the trainer for their services. Please contact the trainer listed below to schedule an appointment.

Shelley Whitlatch
- Owner of “FitnessSpecialties, LLC” GVR
- GVR fitness orientation instructors and certified personal trainers
- MS in Exercise Physiology
- Wellness Manager for El Rio Health Center
- Well-known fitness consultant for older adults and special populations
- Teaches group aerobics and chair fitness
- Presents lectures on fitness and wellness topics for over 25 years.
- To schedule an appointment with a “FitnessSpecialties” trainer, please call 349-3037 or fpspecialtiesbysw@gmail.com. There is a fee for these services.

Ray Wardlaw
Available for private or group tennis lessons. USPTA Pro 2. Over 20 years of instructional experience.
Phone: 625-0274
You will be expected to reserve or schedule court time for your lesson. There is a fee for this service.

Take Lessons from GVR’s Teaching Tennis Professional

Glenda Martinez
- Specialized Exercise Training Company (SET)
- Medical Nurse, Licensed by Arizona Board of Nursing (LPN)
- Certified, American Institute of Fitness Educators in “Older Adult Fitness”
- Certified, American Academy of Health & Fitness in “Post Rehab Condition Specialist”
- Specializing in high risk medical client training for over 15 years. There is a fee for this service.
Phone: 520-298-3941 (office) or 520-979-1216 (mobile)
Email: setrainingco@cox.net

GVR Approved Caterers
For updates go to:
gvrec.org
and click on “Reservations”

Arizona Family Restaurant
Mama’s Hawaiian Bar-B-Cue
Don Herk/Kathy Wagner
15990 S Rancho Sahuarita Blvd
Sahuarita, AZ 85629
999-1581
80 W Esperanza Blvd
Green Valley, AZ 85614
625-3680

Catalina International Caterers
National Pizza Parties
Bruce & Lois Stone
Angelique Lineberger
1665 S Alvernon Way
Tucson, AZ 85711
745-8100
7501 E. Toronto St.
Tucson, AZ 85730
888-9359

Culinary Design
Optimist Club of GV/Sahuarita
Debbie Gravez
Sue Woodward
Stef Woodward
1645 S Alvernon Way
Tucson, AZ 85711
320-3909
101-57 La Canada Drive
Sahuarita, AZ 85629
429-7732

The Greens
Latitude Catering
Elizabeth Villagran
101-57 La Canada
Green Valley, AZ 85614
648-5331
24 E Flores Street
Tucson, AZ 85705
520-888-3000

Two Ladies Cooking
Tomas Baca
2366 N Lake Star Drive
Green Valley, AZ 85614
520-888-3000

Sweet Peas Catering
Gianene Uibarri & Jennifer Seymour
18817 S Avenida Paso Cortito
Sahuarita, AZ 85629
576-0419

19th Hole Bar & Grille
Greg Hansen
111 S. La Canada Drive
Green Valley, AZ 85614
399-4633

For updates go to: gvrec.org and click on “Reservations”

GREEN VALLEY VILLAGE
HOLIDAY SPECTACULAR
Friday, December 12th
AN EVENT NOT TO BE MISSED!