

26th Anniversary



2010

**Green Valley
Senior Games**

March 2 - 25, 2010

REGISTRATION INFORMATION AVAILABLE AT

WWW.GVREC.ORG (520) 625-3440

*** REGISTRATION PERIOD *
JANUARY 4 - FEBRUARY 18, 2010**



General Information

MISSION

Green Valley Senior Games provides information, incentive, and inspiration to people 50 years and over to become and stay fit by engaging in a regular program of physical and mental activity and sports. Participation with friends is encouraged in all events.

ELIGIBILITY

- * All Participants must be 50 years of age or older.
- * Age is determined as of March 1, 2010.
- * Open to the public.

REGISTRATION

Mail-in: Green Valley Senior Games
P.O. Box 586, Green Valley, AZ 85622

Entry Date: January 4 - February 18, 2010

ENTRY FEES

\$14 per person which includes a T-shirt.
\$ 4 per event entry fee.
(Bowling-Golf Green Fees must be paid at the facility)

Make checks payable to:

GREEN VALLEY SENIOR GAMES

Refunds issued only if an event is cancelled.

ENTRY DEADLINE

Thursday, February 18, 2010, 3:00pm. Registration not accepted after the deadline or at the events.

NO ON-SITE REGISTRATION ACCEPTED

EVENT INFORMATION

In case of inclement weather, contact your event Coordinator or GVR at (520) 625-3440 #225 for rescheduling information. You will be notified if an event is cancelled or rescheduled. Bocce, billiards, tennis, racquetball and shuffleboard participants must be able to play any of the days listed.

CONFIRMATIONS

Registration confirmations will be mailed to non-Green Valley residents. For corrections call (520)625-3440, #225 before February 25, 2010. You must bring your confirmation to each event and show it when checking in as this will be your receipt.

MEDALS

Medals will be awarded in all events except the non-competitive bicycle event and fun walk. Medals will be handed out at the events or they will be available for pickup at the Recognition Lunch.

KICK OFF EXTRAVAGANZA

Tuesday, March 2, 8:00am-10:00am, West Center
Our "Kick Off Extravaganza" for the 2010 Senior Games will include great activities: free coffee and goodies, a chance to meet with the coordinators of the events and a spin on the prize wheel...
Get Ready! Get Set! Get T-Shirt and...GO!

RECOGNITION LUNCH

Thursday, March 25, 11:30am, West Center
We will be recognizing all the athletes, volunteers and sponsors. Results Booklets will be available at the lunch. This ticket is not included in the registration fee. If you wish to attend this festive event please sign up on the registration form. \$10 for participants.

T-SHIRTS

All registered participants will receive an official 2010 Green Valley Senior Games T-shirt. T-shirts will be distributed on Tuesday, March 2, 2010. Participants are asked to wear their official T-shirts at all events.

If you are unable to pick up your T-shirt at the Kick Off, shirts will be available at the West Social Center Office, 1111 Via Arco Iris, Monday-Friday 8am-11:30am and 12:30pm-4pm until March 25, 2010.

T-SHIRT DESIGN CONTEST

Submit your design for the 2011 Green Valley Senior Games. The contest is open to all artists and interested parties. The logo is to be used on the T-shirts worn by game participants in 2011.

All entries need to be original in not more than four colors and 8 by 8 inches square. The logo content is left to the originality of the designer and may be submitted in any form. Computer art is also acceptable. Entries need to be submitted by March 19, 2010 at 3:00pm. Judging will take place at the Recognition Lunch to give the participants the opportunity to vote for their favorite design. The winning design will be announced at the end of the event.

**Congratulations to Robert Lembck
for designing the 2010 shirt**

NOTE: TRACK & FIELD has been cancelled this year due to construction at the Sahuarita HighSchool track.

Event Descriptions

5K RUN - 2K WALK - 1 MILE WALK

Saturday, March 6

Start Time - 9:00am

Location - Abrego South

Coordinator - Margaret & Larry Haney 625-0653

- A. Course: Flat scenic asphalt roadway.
- B. Participants report by 8:30am.
- C. Medals awarded on the basis of finishing times for gender and age groups 50-54, 55-59, 60-64, etc.
- D. One Mile Fun Walk (non-competitive event).

BASKETBALL SHOOT

Tuesday, March 16

Start Time - 12:00pm

Location - East Center

Coordinator - Bill McGovern 625-0955

- A. Basketball Shoot - total of 20 shots:
 - 10 long shots from foul line distance, 10 shots taken from the point of rebound.
- B. Medals will be awarded 50-54, 55-59, 60-64, etc.

BICYCLING

COMPETITIVE RIDE - Friday, March 12

Start Time - 9:00am

Location - Quail Creek *NEW LOCATION

Coordinator - Storm Riddle 625-2731

- A. There is a new route for 2010 leaving the starting point at Quail Creek Country Club.
- B. There are two routes to choose from 9 or 16 mile.
- C. Medals awarded on the basis of finishing times for gender and age groups 50-54, 55-59, 60-64, etc.
- D. Participants must wear protective head gear and should bring water or other liquid refreshments.

FUN RIDE - Friday, March 12

Start Time - 9:15am

Location - Quail Creek *NEW LOCATION

Coordinator - Storm Riddle 625-2731

- A. This is a non-competitive 2 mile ride.
- B. Departing the Quail Creek Country Club and returning to the starting point.
- C. Participants must wear protective head gear and should bring water or other liquid refreshments.

BILLIARDS

Tuesday-Thursday, March 9-11 (Women)

Tuesday-Thursday, March 16-18 (Men)

Start Time - 10:00am

Location - Desert Hills

Coordinator - Marianne Bishop 625-4924

- A. Men & Women play separately.
- B. Standard World Eight Ball Rules apply. Rules posted at Desert Hills and West billiard rooms.
- C. Age brackets 50-59, 60-64, 65-69, 70-74, 75+
- D. Double elimination (2 losses) tournament play.
- E. Each loss will be determined from a 3 game match.
- F. Nine Ball tournament will be held on Thursdays.

BOCCE

Monday-Friday, March 8-12 & 15-19

Matches Start - 8:00am

Location - Canoa Hills

Coordinators - Rose & Jerry Edwards 625-3287

- A. All matches, best 2 out of 3 games of 12 points. Single elimination. No age brackets.
- B. Awards for 1st, 2nd, & 3rd place.
- C. Team members will be referee and scorekeeper.
- D. Bocce balls and palino furnished.
- E. Tournament schedule based on number of entrants.

BOWLING

Saturday, March 6 & March 13

Start Time - 2:00pm

Location - Green Valley Lanes

Coordinator - Lynette Patterson 393-0543

- A. Age groups for Men's and Women's 100% handicapped series to be announced on March 6.
- B. Medals for Men and Women's high score scratch game and series. Medals for all divisions to be presented on March 13.
- C. Need proof of established handicap, or bowl six games prior to tournament and bring printout
- D. Bowling fee of \$5 is payable at time of event.
- E. Participants bowl three games each entry.

BRIDGE, CONTRACT

Thursday, March 4

Sign in 12:30pm Start Time - 1:00pm

Location - Canoa Hills

Coordinators - Beverly & Dick Carey 393-1442

- A. Men, women, all ages compete together.
- B. Partnership pairs or individual entries.
- C. "American Contract Bridge League" apply.

BRIDGE, DUPLICATE

Thursday, March 11

Sign in 12:30pm -Start Time - 1:00pm

Location - Canoa Hills

Coordinators - Pat Keyser 625-7263

Brenda Sonderegger 399-2112

- A. Men, women, all ages compete together.
- B. Partnership Pair entries only.
- C. "Laws of Duplicate Contract Bridge" apply.

CHESS

Wednesday, Thursday, Friday March 10-12

2 Rounds per day 9:00am and 2:00pm

Location - Las Campanas

Coordinator - Bob Vint 648-0157

- A. Six round Swiss Byes accepted one day in advance except for the sixth round.
- B. If a section has fewer than 8 players, section will be a round robin.
- C. Time limit: Game in two hours.
- D. One USCF rated section, one unrated section.
- E. You must belong to USCF to play in rated section, contact the coordinator to join.
- F. You may join USCF prior to Wednesday, March 10.
- G. USCF rules apply to both sections. Rules provided.
- H. 1st, 2nd, 3rd place awarded in each section.
- I. Bring chess sets and clocks if you have them.

CRIBBAGE

Monday, March 8 (Two Hand)

Start Time - 1:00pm

Coordinator - Bill Strube 625-3708

Location - Desert Hills

Monday, March 15 (Four Hand)

Start Time - 1:00pm

Coordinator - Max Elliot 393-7918

Location - Desert Hills

- A. Men, women, all ages compete together.
- B. Boards provided.

DARTS (501)

Wednesday, March 3

Start Time - 1:00pm

Location - Las Campanas Game Room

Coordinator - Lynette Patterson 393-0543

- A. Bracket tournament, 2 of 3 games to advance.
- B. Brackets determined by the number of participants.

EUCHRE

Tuesday, March 2

Start Time - 1:00 pm

Location - Las Campanas, Juniper

Coordinator - Max Elliot 393-7918

- A. Men and women compete separately.
- B. All ages compete together.

GOLF (REALISTIC PUTTING)

March 2-12

Anytime between 10:00am - 7:00pm

Location - Triple Play Golf

Coordinators- Judy & Bill Swiderski 207-9321

- A. Greens fee of \$6 is payable at time of event.
- B. Players must putt all putts and count all strokes.
- C. Putters provided if needed.
- D. Turn attested and signed scorecard in to the front desk at Triple Play.

GOLF SKILLS

Wednesday, March 17

Start Time - 1:00pm

Location - Torres Blancas Golf Course

Coordinator - Harvey Kroboth 625-3990

- A. Age divisions are: 50-59, 60-69, 70-79, 80+.
- B. Closest to the Pin: 100 yard shot
 - 1) Contestant hits 3 shots at flag 100 yards away.
 - 2) The closest ball will be measured and recorded.
- C. Putting Contest:
 - 1) 9 holes laid out on practice putting green.
 - 2) Low score for 9 holes wins.
- D. Chip Shots to a target : each contestant hits chip shots at a target, scoring 10 pts for putting shot into hole; 7 pts inside the inner circle; 4 pts inside outer circle.
- E. Medals will be given at end of the events.

HEARTS

Wednesday, March 10

Start Time - 1:00pm

Location - Las Campanas, Ironwood

Coordinator - Marty Allen 625-9279

- A. Men and women compete together.
- B. All ages compete together.

HORSESHOES

Tuesday, March 9 - Singles

Thursday, March 11 - Doubles

Start Time - 8:30am

Location - Abrego South

Coordinator - Gilbert Moss 625-3212

HORSEHOES CONTINUED

- A. All Games are 21 points, double elimination.
- B. Age brackets for singles are; 50-59, 60-69, etc.
- C. Men over 70 and women have 30 ft. option.
- D. Participants may use their own horseshoes if color-coded.
- E. Doubles competition will not be by age groups.
A blind draw prior to play will determine teams.

MAH JONGG

NATIONAL MAH JONGG LEAGUE

Tuesday and Thursday, March 9 and 11

Start Time - 1:00pm

Location - Las Campanas, Ocotillo

Coordinator - Linda Hurst 625-5278

- A. Men and women will play together at tables of 4.
- B. Additional entries will be placed on a waitlist.
- C. Participants must have two years of recent experience playing National and know the "National" Rules. No House Rules.
- D. Bring your own tiles and 2009 card.
- E. A copy of rules will be mailed prior to games.

PICKLEBALL

Tuesday - Wednesday - Thursday, March 9-11

Start Time - 9:00am

Location - East Center Pickleball Courts

Coordinator - Carol Crothers 648-0757

- A. Doubles Only:
Men play on Tuesday,
Women play on Wednesday,
Mixed play on Thursday.
- B. Age brackets: 50-59, 60-69, 70-79, 80+. The youngest team member determines the division.
- C. Brackets may be combined if there are not enough teams, but all medals will be awarded.
- D. Paddles and balls provided, you may use your own regulation paddle.

PINOCHLE

Thursday, March 11 - Double Deck

Friday, March 12 - Single Deck

Start Time - 1:00pm

Location - Las Campanas

Coordinator - Nancy Rand 609-3899

- A. All ages, men and women compete together.
- B. Five rounds for Double Deck
Seven rounds for Single Deck.

RACQUETBALL

Monday - Saturday March 8-13

Matches Scheduled- 9:00am - 5:00pm

Location - Las Campanas

Coordinator - Dave Goodrow 648-1609

- A. Men and women compete separately if possible.
- B. Age groups are: 50-59, 60-69, 70-79, etc.
These age brackets are subject to change based on the number of participants. There must be a minimum of two teams in a bracket to compete. If there is only one individual or team they will be moved down to the next lower bracket.
- C. U.S. Racquetball Association (USRA) rules apply.
- D. Competition involves singles and doubles flights. In doubles the lowest age bracket individual will dictate the age bracket of the team.
- E. Tournament format and time and schedule depend upon number of participants.
- F. Double elimination or Round Robin format
- G. Protective eye wear must be worn.
- H. Balls to be provided. All other gear supplied by player.

SHEEPSHEAD

Tuesday, March 9

Start Time - 1:00pm

Location - Las Campanas, Agave

Coordinator - Cal Schieler 393-0711

Nancy Theisen - Bill Worth

- A. Men and women compete together.
- B. All ages compete together.
- C. A copy of rules will be mailed prior to games.

SHUFFLEBOARD

Monday - Tuesday, March 8-9 (Doubles)

Monday - Tuesday, March 15-16 (Singles)

Matches Scheduled 9:00am - 12:00pm

Location - West Center

Coordinators - Maury Flanagan 399-3650

Fran Kane 399-0722

Janette & Leo Lucas 625-4973

- A. Singles and Doubles will be played in a championship and consolation format.
- B. Each player will play a minimum of 2 games.
- C. Play will be non-gender in age groups.
- D. Select your own partner for doubles. Play in age bracket of youngest doubles partner.
- E. Each match will consist of one 16-frame game. (8 on yellow, 8 on black)
- F. Two practice rounds on your color. Referees provided.
- G. National shuffleboard rules observed.

SWIMMING

Saturday, March 20

Meet Start Time - 9:00am

Location - West Center

Coordinators - Erika & Joe Fojtik 625-6200

SWIMMING CONTINUED

Meet Director - Judy Gillies

(This is a non-USMS sanctioned event)

- A. Order of events is in the same order as listed.
* Note the new order for this years meet.
- B. All events are timed finals.
- C. Age brackets are: 50-54, 55-59, 60-64, etc.
- D. Breaststroke kick may be used in the butterfly.
- E. Start may be from deck or water, exc.backstroke.
- F. Rules meeting at 8am, warm-up to follow.
- G. A maximum of four (4) events may be entered.
- H. Entering back-to-back events risks having little or no time between events.
- I. Participants in the 500 event have the option of swimming this event at 7:00am or 2:00pm

TABLE TENNIS

Saturday, March 20

Start Time - 11:00am Singles, Doubles to follow

Location - West Center

Coordinator - Jim Petrie 300-5723

- A. Games to 11 points, best 2 out of 3.
- B. Round Robin format, minimum 2 matches.
- C. Balls furnished - 40mm Orange 3 star.
- D. USTTA rules will apply.

TENNIS

Monday - Friday, March 15-19

Matches Start - 8:00am

Location - West Center Tennis Courts

Coordinators -Terry McCoy 393-1951

Marv Weber 625-9467

- A. Events: Men's and Women's single, doubles and mixed doubles in each age bracket.
- B. Three (3) events maximum per individual.
- C. Age brackets are: 50-54, 55-59, 60-64, etc.
- D. Age bracket of doubles team is determined by age of youngest player.
- E. All events single elimination: 2 out of 3 sets with regular scoring and a 12 point tie-breaker may be substituted for third set in case first two sets are extra long. 15 min. default time.
- F. Awards for first and second place.
- G. Each participant needs to bring one can of balls per event entered. Winner will move up with the unopened can.

TEXAS HOLD'EM

Thursday, March 4 (Practice Session)

March 11(Competition)

Start Time - 1:00pm

Location - Triple Play Golf

Coordinator - Bud & Kathy Cline 399-2912

- A. Instructional/practice session will be Thursday, March 4 at 1:00pm.
- B. Each participant will be provided their initial monetary "stake". Play will be determined by age group depending on entries.
- C. Standard Rules for No-Limit Texas Hold'em will apply (Rules posted at Triple Play).
- D. "Freeze Out" format (player eliminated when all chips are lost).

TRI-ATHLETE, Green Valley Style

2K WALK OR 5K RUN - Saturday, March 6

2, 9 OR 16 MILE BIKE RIDE - Friday, March 12

SWIMMING - Saturday, March 20

Locations: Abrego South, Quail Creek, West Center
Participants must compete in one event on each of the three days to receive a commemorative shirt.

VOLLEYBALL, CO-ED TEAMS

Thursday, March 11

Start Time - 8:30am

Location - Kino Veterans Memorial Community Center
2805 E. Ajo Way Tucson 740-4651

Coordinators - Leslie Akers 625-1205

JoAnn Jurries 625-2940

- A. Individual registrations will not be accepted without a team affiliation. Players must submit their own registration form.
- B. Captains must also submit a Team Roster to the coordinators prior to event, and pay \$50 team fee
- C. Tournament format will be determined by number of teams and age divisions.
- D. Team shirts must have numbers displayed and have like colored shirts.
- E. USA Volleyball standard rules apply.

WALLYBALL

Wednesday, Thursday, Friday, March 3-5

Start Time - 9:00am

Location - Las Campanas

Coordinators - JoAnn Jurries 625-2940

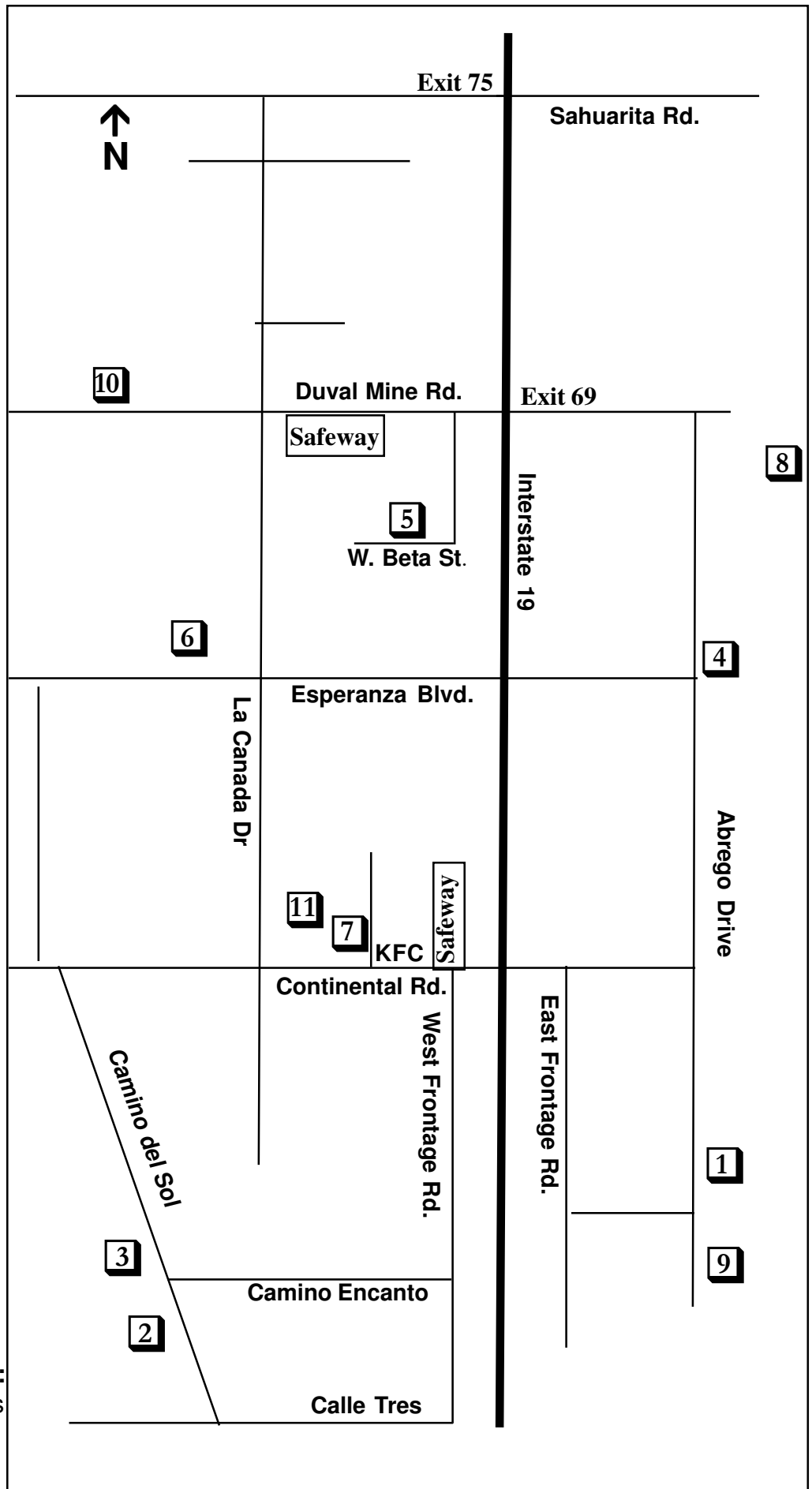
Paul Migacz 648-3338

- A. Participants will be placed on a team by a coordinating committee and will be notified of their team affiliation prior to the Games.
- B. Each team will consist of A, B and C ranked players. (Call a coordinator to inquire about ranking if you haven't already been rated.)
- C. Tournament format will be determined by number of teams. No age divisions.
- D. USWBA co-ed rules will apply with the following exceptions: Ball must be passed at least once before crossing net. Overhand serves are not allowed.

1. Abrego South
1655 S. Abrego Drive
Pool 625-5443
2. Canoa Hills Social Center
3660 S. Camino del Sol
Office 625-6200
3. Desert Hills Social Center
2980 S. Camino del Sol
Office 625-5221
4. East Center
7 S. Abrego Dr
Office 625-4641
5. Green Valley Lanes
1100 W Beta St.
Office 625-5463
6. Las Campanas
565 W. Bell Tower Drive
Office 648-7669
7. Member Services Center
1070 Calle de las Casitas
(520) 625-3440
8. Quail Creek
2055 E. Quail Creek Blvd
393-2918
9. Torres Blancas Golf Club
3233 S. Abrego
Pro Shop 625-5200
10. Triple Play Golf
1670 W. Duval Mine Rd.
Office 625-PUTT
11. West Social Center
1111 Via Arco Iris
Office 625-0288

 Kino Veterans Memorial
 Community Center
 2805 E. Ajo Way Tucson
 740-4651

Mail registration forms to:
 Green Valley Senior Games
 P.O. Box 586
 Green Valley, AZ 85622



GREEN VALLEY SENIOR GAMES

GREEN VALLEY LANES

GREEN VALLEY RECREATION

KINO VETERANS MEMORIAL COMMUNITY CENTER

QUAIL CREEK

TOWN OF SAHUARITA

TORRES BLANCAS GOLF COURSE

TRIPLE PLAY GOLF

**Green Valley Senior Games
P.O. Box 586
Green Valley, AZ 85622**