



Summer 2022 Class Updates

Yoga Saguario for Back Care **UPDATED INFORMATION**

UPDATED LOCATION: 8/3 - 8/17 classes will be at LC-ACAC, 8/24 – 8/31 classes will be at EC-AUD.

CR#	DATES	DAY	TIME	LOCATION
6425	8/3 – 8/31	Wed	9:30AM	LC-JNPR

Spanish Skills for Beginners II **UPDATED INFORMATION**

UPDATED LOCATION: 8/1 class will be at CH-SAG.

CR#	DATES	DAY	TIME	LOCATION
6412	7/11 - 8/1	Mon	3:30PM	LC-OCOT

Spanish Intermediate to Advanced Conversation **UPDATED INFORMATION**

UPDATED LOCATION: 8/1 class will be at CH-SAG

CR#	DATES	DAY	TIME	LOCATION
6434	7/11 - 8/1	Mon	5:00PM	LC-OCOT

Yoga Release **UPDATED INFORMATION**

UPDATED LOCATION: 8/1, 8/22 – 8/31 classes will be at LC-CYPR.

CR#	DATES	DAY	TIME	LOCATION
6217	8/1 – 8/31	Mon/Wed	6:00PM	LC-JNPR

Clogging **UPDATED INFORMATION**

UPDATED LOCATION: 8/22 – 8/29 classes will be at MV-REC.

CR#	DATES	DAY	TIME	LOCATION
6320	7/11 – 8/29	Mon	10:00AM	LC-AGAV

Bathtub Singers II **UPDATED INFORMATION**

UPDATED LOCATION: Classes moved to CH-SAG.

CR#	DATES	DAY	TIME	LOCATION
6256	8/2 – 8/23	Tues	10:00AM	EC-AUD

Bathtub Singers I **UPDATED INFORMATION**

UPDATED LOCATION: Classes moved to CH-SAG.

CR#	DATES	DAY	TIME	LOCATION
6261	8/2 – 8/23	Tues	11:30AM	EC-AUD

Learn the Torch **UPDATED INFORMATION**

UPDATED DATE: Class will be on 8/4.

CR#	DATES	DAY	TIME	LOCATION
6273	8/2	Thurs	1:00PM	DH-LAP

Make It & Take It: Gift Earrings **UPDATED INFORMATION**

UPDATED LOCATION: 7/15 class will be at DH-RMA.

CR#	DATES	DAY	TIME	LOCATION
6275	7/15	Fri	1:00PM	DH-ART

1,2,3,4 **UPDATED INFORMATION**

UPDATED DATES: No Class 6/7 – 6/14 due to maintenance schedule.

CR#	DATES	DAY	TIME	LOCATION
6190	6/7 – 6/28	Tues	10:30AM	CH-PVR

Yoga Saguario (Hatha) Level I/II **UPDATED INFORMATION**

UPDATED LOCATION: All classes moved to LC-ACAC.

CR#	DATES	DAY	TIME	LOCATION
6421	8/3 – 8/31	Wed	8:00AM	LC-JNPR
6420	9/7 – 9/28	Wed	8:00AM	LC-JNPR

Yoga Saguario Back Care **UPDATED INFORMATION**

UPDATED LOCATION: All classes moved to LC-ACAC.

CR#	DATES	DAY	TIME	LOCATION
6424	9/7 – 9/28	Wed	9:30AM	LC-CYPR

Intermediate Tap **NOT IN CATALOG!**

This class will focus on footwork and technique. For intermediate and advanced dancers, the emphasis will be on improving the clarity of sound and execution. **SUPPLIES:** Bring tap shoes. Drop-in fee \$10. **LOCATION CHANGE:** All classes will be at LC-CYPR.

Fee: Member \$40(4), \$50(5)/non-member +10

CR#	DATES	DAY	TIME	LOCATION
6854	6/1-29	Wed	10:30AM	LC-CYPR
6855	7/6-27	Wed	10:30AM	LC-CYPR
6856	8/3-17	Wed	10:30AM	LC-CYPR
6857	9/7-28	Wed	10:30AM	LC-CYPR

Ceramics Beginning **NOT IN CATALOG!**

This course is a prerequisite for joining the Ceramics Club. Students will learn how to prepare greenware and bisque, apply undercoats and glazes and other techniques. Students will complete 3 projects, included in the material fee, to take home. **Material fee** of \$40 payable to the Ceramics Club of GVR the first day of class. Students must be able to attend all 6 classes. **SUPPLIES:** Bring an apron to protect clothing.

Fee: Member \$40

CR#	DATES	DAY	TIME	LOCATION
6990	9/12-28	Mon/Wed	5:00PM	DH-CER

Exercise, Fun & Fitness **UPDATED INFORMATION**

UPDATED LOCATION: 6/3 – 6/17 classes will be at LC-CYPR.

CR#	DATES	DAY	TIME	LOCATION
6240	6/3-28	Tues/Fri	8:00AM	CH-SAG

Learn to Solder *UPDATED INFORMATION*

Material fee of \$40 paid to the instructor. Member fee: \$40

CR#	DATES	DAY	TIME	LOCATION
6462	6/22-23	Wed/Thurs	3:00PM	WC-LAP
6463	8/10-11	Wed/Thurs	3:00PM	WC-LAP
6913	9/21-22	Wed/Thurs	3:00PM	WC-LAP

Total Body Conditioning *UPDATED INFORMATION*

UPDATED LOCATION: 8/24 & 8/31 located at CR-AMADO.

Fee: Member \$60(5)/non-member +10

CR#	DATES	DAY	TIME	LOCATION
6280	8/3-31	Wed	3:00PM	LC-CYPR

Full Body Barre Workout *UPDATED INFORMATION*

UPDATED LOCATION: 8/24 & 8/31 located at CR-AMADO.

Fee: Member \$60(5)/non-member +10

CR#	DATES	DAY	TIME	LOCATION
6284	8/3-31	Wed	4:00PM	LC-CYPR

Gentle Alignment Yoga *UPDATED INFORMATION*

UPDATED LOCATION: 8/22, 8/24, 8/29 & 8/31 scheduled at CP2-REC.

Fee: Member \$35(5)/non-member +10

CR#	DATES	DAY	TIME	LOCATION
6223	8/1-29	Mon	9:00AM	LC-IRWD
6314	8/3-31	Wed	9:00AM	LC-IRWD

Chair Alignment Yoga *UPDATED INFORMATION*

UPDATED LOCATION: 8/22, 8/24, 8/29 & 8/31 scheduled at CP2-REC.

Fee: Member \$35(5)/non-member +10

CR#	DATES	DAY	TIME	LOCATION
6228	8/1-29	Mon	10:30AM	LC-IRWD
6309	8/3-31	Wed	10:30AM	LC-IRWD